

## *Reaching for Light*

**1/29/13**

Our Mission Statement:

The mission of Crescent Academy is to educate and raise young people imbued with the qualities of a

Muslim personality:

devotion to Almighty Allah,

commitment to their Islamic principles,

care and service to others, and

an understanding of their role in contemporary society.

The goal of the school is to develop students who are empowered by their Islamic faith and practice to live as effective, conscientious, and upright citizens in the national and international community contributing to the betterment of life.

### **Current Plans**

Our new unit is Healthy Living. We will be focusing on maintaining a healthy mind, body, and soul. We will continue practicing our recitations of Quran as well as duas. Insha'Allah, this will help us all to maintain healthy relations with Allah (SWT) as well as other benefits. Also, it is very important that we teach and constantly remind our youth of the significance of proper bathroom etiquettes. We are learning the duas to recite before entering and upon exiting bathrooms. We are also teaching students to be considerate while using bathrooms and to leave them in the best of conditions. Please help support us in this matter by reinforcing proper bathroom etiquettes at home and elsewhere.

We will be focusing on implementing dietary habits of Prophet Muhammed (SAW). We will practice duas to be recited before and after meals. Please ensure that your children are reciting these duas at home as well. We will be focusing on the significance of moderation while consuming foods and liquids. Prophet Muhammed (PBUH) said, *"Nothing is worse than a person who fills his stomach. It should be enough for the son of Adam to*

*have a few bites to satisfy his hunger. If he wishes more, it should be: one-third for his food, one-third for his liquids, and one-third for his breath."* We are currently addressing this issue of excessive consumption through our class science experiment.

### **The Scientific Method**

We are exploring the scientific method and making preparations for STEM Week which will be approaching soon, Insha'Allah. Our class experiment utilizes the scientific method by first stating the problem: what effect will various liquids (water, milk, coke, and vinegar) have on bones? Our students have formed various types of hypotheses regarding the expected changes in bones. We have measured and weighed four chicken bones and placed them into the various liquid containers. Insha'Allah, later this week we will take the bones out of their containers and check to see which liquids are beneficial and which are harmful for us.

### **STEM**

Insha'Allah, this week we will begin selecting activities for STEM which is short for Science, Technology, Engineering, and Math. Our students will choose to experiment with one of four activities which will be introduced in class. Students that will like to try activities outside of the four introduced in class must first get approval of both teacher and parents. Insha'Allah, more information will be posted on our class page soon regarding STEM. Thank you very much for all of your support.

*I hope this finds you all healthy and happy. If you need to reach me you can send a note, call the office, or send an email.*

*All the Best,*

*Br. Radwan  
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